PDF 1 - Everyday Tech & Connection



# TECHNOLOGY, AI & SOCIETY

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REAL ENGLISH

I couldn't live without…

It makes life easier, but…

On average I spend about… hours a day…

I used to… but now I…

## 1. Ranking

How much do these improve your life? Rank 1–6 and discuss:

- Smartphone
- Social media
- Messaging apps
- Online banking / shopping
- Streaming services
- Smart home devices

## 2. Discussion

1. Do smartphones make us more or less connected to other people?
2. Have you ever taken a digital detox? How did it feel?
3. What technology could you not live without for one week?
4. As AI takes over more routine tasks, what human skills or jobs do you think will become the most valuable in the future?
5. Many people willingly share personal data with apps and websites in exchange for personalized services and convenience. Where do you draw the line?
6. In what ways do curated feeds and algorithms alter our perception of reality and everyday life?

## 3. Pair task

**Student A**: You think people spend too much time on their phones.

**Student B**: You think technology has improved relationships.

Discuss for 4 minutes and try to find one area of agreement.

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