PDF 1 - Personal & Local Actions.



ENVIRONMENT & CLIMATE / SUSTAINABILITY

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REAL ENGLISH

I try to… / I've started… / I still find it hard to…

It's easy to… but harder to…

If everyone did…, it would make a real difference.

1. Ranking – How green are you?

Work alone, then compare with a partner.

Rank these from 1 (I always do this) to 5 (I never do this):

- Recycle properly
- Use a reusable water bottle / coffee cup
- Walk, cycle or use public transport instead of driving
- Buy less / buy second-hand
- Turn off lights and devices when not needed
- Eat less meat

Discuss: Which one would be easiest for you to improve? Why?

2. Discussion

1. What eco-habits are common in your country?
2. What stops people from living more sustainably?
3. Have you changed any habits in the last two years? What made you change?

3. Mini Role-play

Student A: You want your flatmate / family to be more eco-friendly.

Student B: You think small changes don't matter much.

Talk for 3–4 minutes and try to reach an agreement.

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