

QUANTIFIERS

© talkmor.com

Focus - much/many, a lot of/lots of, a few/a little, too/enough.

Theme - Modern life and everyday habits.

Activity 1: Your Life in Numbers

Step 1 (Individual): Answer the questions honestly about your own life.

- How much water do you drink every day? _____
- How many messages do you send? _____
- How much time do you spend on your phone? _____
- How many hours do you sleep? _____
- Do you have enough free time? _____
- Do you spend too much time online? _____

Step 2 (Pairs): Compare your answers with a partner.

Ask follow-up questions:

- Really?
- Why?
- Is that enough?
- Is that too much?
- How often?

Step 3 (Individual): Write three sentences about something that surprised you during the discussion.

_____

_____

_____

Activity 2: The Problem Detector

Read the short situations and identify the problems.

Example: Jake checks social media for five hours every day. He rarely exercises.

Complete:

- Jake spends _____ time online.
- He doesn't get _____ exercise.

Example answer:

- too much
- enough

Permission granted to reproduce for classroom use. © talkmor.com 2026

Activity 3: Social Advice Column

You are an advice writer.

Example: "I have a few friends in my city, but I still feel lonely."

_____

_____

_____

Give advice using:

- a few
- a little
- enough
- too much

Activity 4: Quantifier Debate

Choose a side.

Statements:

- People spend too much time on their phones.
- Most people don't get enough sleep.
- We buy too many things we don't need.
- There are too many streaming services.

Support your opinions with quantifiers.

Activity 5: Mini Writing

Your Perfect Weekend

Rules:

- Use at least eight different quantifiers.
- Include too and enough at least once.

_____

_____

_____

_____

_____

_____

Permission granted to reproduce for classroom use. © talkmor.com 2026