



GIVING ADVICE

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1. Health Vocabulary Match

Match each health issue with its description.

- | | |
|----------------|---|
| 1. Headache | a. A pain in your stomach or abdomen. |
| 2. Sore throat | b. A feeling of high body temperature and fever. |
| 3. Stomachache | c. Pain inside your head. |
| 4. Flu | d. Pain in your throat, especially when swallowing. |

Answers: 1: [__] 2: [__] 3: [__] 4: [__]

2. Giving Health Advice (Softening Direct Language)

Rewrite these direct commands to make them sound like polite health advice.

- "Drink more water." **You should** _____
- "Go to bed early tonight." **Why don't you** _____
- "See a doctor immediately." **It might be a good idea to** _____
- "Take some aspirin." **Have you thought about** _____

3. Doctor & Patient Role-Play Scenarios

Choose one role-play scenario with your partner.

Patient's Problem	Doctor's Advice
A: Severe headache for two days	Rest in a dark room / Drink water / Take medicine
B: Bad cough and low energy	Sleep well / Drink warm tea / Avoid cold drinks
C: Sore feet after starting running	Wear better shoes / Rest for two days / Stretch



REAL ENGLISH BOX

Medical Advice Phrases	Partner Feedback
"If I were you, I would..." "Make sure you get plenty of rest." "If it doesn't get better, see a specialist."	- What my partner did well: _____ - One phrase to try next time: _____

4. One-Minute Advice Challenge

Pick a health issue below. Speak continuously for **1 minute**, giving **three** distinct pieces of advice using different structures (*should*, *ought to*, *why don't you*).

- "I want to start exercising, but I get tired after 5 minutes."
- "I cannot sleep well because I use my tablet in bed."

Teacher's Key

1. Health Vocabulary Match

1-c, 2-d, 3-a, 4-b.

2. Giving Health Advice (Softening Direct Language)

Rewrites:

1. You should drink more water.
2. Why don't you go to bed early tonight?
3. It might be a good idea to see a doctor immediately.
4. Have you thought about taking some aspirin?