



EXPRESSING OPINIONS & DEBATING

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1. How do you feel about it?

Read each statement. Choose:

A = I agree

B = I'm not sure

C = I disagree

- | | |
|---|-----------|
| 1. Everyone should exercise every day. | A / B / C |
| 2. Working from home is better than working in an office. | A / B / C |
| 3. People spend too much time on their phones. | A / B / C |
| 4. It is better to travel alone than with other people. | A / B / C |
| 5. Everyone should learn another language. | A / B / C |
| 6. Cooking at home is better than eating at restaurants. | A / B / C |

Compare your answers with a partner.

Ask: "Why do you think that?"

"What makes you say that?"

"Do you have an example?"

2. Give a Reason

An opinion is stronger when you explain **why**.

Complete the sentences.

- I think people should read more because _____.
- I don't think people should work seven days a week because _____.
- In my opinion, travelling is important because _____.
- I'd say eating healthy food is difficult because _____.

Now add: "For example, ..."

Give one real or imaginary example for one of your answers.

3. Move Beyond "I Think"

Complete the sentences with your own ideas.

- **In my opinion,** _____.
- **I believe that** _____.
- **For me,** _____.
- **The way I see it,** _____.
- **I'd say that** _____.
- **As far as I'm concerned,** _____.

Now choose **two** sentences and explain your opinion to your partner.

REAL ENGLISH BOX

In everyday English, you don't need to sound very formal.

Instead of always saying:

"In my opinion..."

Try: • "I'd say..."

• "For me..."

• "The way I see it..."

• "Personally, I think..."

• "If you ask me..."

Example:

"If you ask me, people spend too much time online."