



FOOD & EATING

© talkmor.com

Food Delivery Culture (Opinion Task)

In **Image B**, the girl is carrying takeaway food. In many countries, apps like UberEats and Grab have changed how people eat.

Write a short paragraph (4–5 sentences) discussing whether food delivery apps make society healthier or lazier. 👉

Include expressions like:

"From a lifestyle perspective..."

"While it offers convenience..."

"Ultimately, it leads to..."

Your Response: _____

Cultural Table Etiquette (Do's & Don'ts)

Look at the couple eating at the high table in **Image A**.

Write 4 rules of table etiquette that are common in your country when dining with others.

1. **Do:** _____
2. **Do:** _____
3. **Don't:** _____
4. **Don't:** _____

Writing (choose one)

- Should governments make unhealthy food more expensive? Give your opinion.
- How is social media changing the way we eat?
- How can we reduce food waste?

Speaking

Compare food in your country 30 years ago and today.
Talk for 2–3 minutes.

Debate

Topic: "People today have lost their connection with real food."
Prepare reasons for and against.
Then discuss in groups.

Final Reflection

Look at the differences in the pictures again.

What do they make you think about the way people eat today?