



NEW YEAR & NEW YEAR'S RESOLUTIONS

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1. Celebration Detective

Look at the picture.

Which parts of this celebration do you think are common in many countries?

Which parts might be different?

Discuss:

food • music • dancing • fireworks • drinks • family • friends • midnight • decorations

2. True for Me?

Discuss these statements.

1. New Year is more exciting when you celebrate with other people.
2. Fireworks are an important part of New Year.
3. New Year's resolutions usually don't work.
4. New Year is a good time to make changes.
5. People spend too much money on New Year celebrations.

Choose **two** and explain your opinion.

3. The Resolution Challenge

Your group has **\$500** to improve your lives this year.

You can spend it on:

- a course
- a gym membership
- books
- travel
- a hobby
- healthy food
- something for your family
- something else

Decide how to spend the money.

You must agree as a group.

4. The Resolution Swap

Write one resolution anonymously.

Put all the resolutions together.

Take one. Read it aloud.

The class gives advice to the person who wrote it.

Compare & Contrast

Compare New Year celebrations in:

**your country
and
another country you know**

Think about:

- food
- family
- parties
- fireworks
- traditions
- religious customs
- public celebrations

Advice Column

A reader writes:

“Every January I make lots of resolutions.

By February I have forgotten all of them.

What should I do?”

Write five pieces of advice.

Then compare your advice with another group.

Writing

Write 120–150 words:

My Goals for the New Year

Explain:

- what you want to achieve
- why
- how you will achieve it
- what might stop you
- how you will deal with the problem
