



FOOD & EATING

© talkmor.com

Food Preparation & Cooking Verbs

Match the action verb on the left with the item from **Image A or B** on the right.

- | | |
|-------------|--------------------------------|
| 1. To slice | a chicken in the oven |
| 2. To pour | fruit into a smoothie |
| 3. To roast | a fresh watermelon into pieces |
| 4. To boil | milk into a glass |
| 5. To blend | water for hot tea or coffee |

Weekly Grocery Planning (Budget & Health)

Look at the ingredients in Image A. You have a \$30 budget for dinner tonight.

Choose 4 items from the picture and create a simple, healthy meal plan.

My Dinner Recipe Name: _____

Item:	Reason:
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

Food Waste Doctor

Look at the spilled basket and the open fridge in **Image A**.

Write 3 practical tips for a friend on how to stop wasting food at home.

- _____
- _____
- _____

Role-play

You and your friend want to eat out.

- One person wants healthy food.
- The other person wants fast food.

Talk and decide.

Speaking

Talk about these topics with a partner:

- A special meal you remember
- Your eating habits
- Good and bad points of vegetarian food
- Food and celebrations in your country

Teacher's Key

Food Preparation & Cooking Verbs

Match the action verb on the left with the item from **Image A or B** on the right.

- | | |
|-------------|--------------------------------|
| 1. To slice | a fresh watermelon into pieces |
| 2. To pour | milk into a glass |
| 3. To roast | a chicken in the oven |
| 4. To boil | water for hot tea or coffee |
| 5. To blend | fruit into a smoothie |