



CYCLING & BICYCLES

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Cycling Memory Test

Look at the picture for one minute.

Now look away. How many can you remember?

Write: • 3 objects

• 2 people

• 2 actions

• 2 colours

• 1 unusual detail

Compare with a partner.



What Would You Take?

You are going on a four-hour bicycle trip.

You can take only **six things**.

Choose from: *water • phone • food • jacket • pump • map • camera
money • first-aid kit • umbrella • sunglasses • book*

Choose your six. Explain why.



Who Is the Better Cyclist?

Person A cycles:	Person B cycles:
5 km every day - wears a helmet - checks the bicycle regularly - follows traffic rules	20 km every weekend - doesn't always wear a helmet - rides very fast - rarely checks the bicycle

Who is the better cyclist?

Does distance matter?

Discuss.



The Cycling Problem

Your town has very few bicycle lanes. People complain that cycling is dangerous.

The town has money to make **one major improvement**.

Choose: *more bicycle lanes • better street lighting*

bicycle parking • lower speed limits • safer crossings

Which should they choose?

Why?



Writing Challenge

Write 120–150 words:

Why I Would / Wouldn't Like to Cycle to Work or School

Give reasons and examples.



Finish the Conversation

A: "I'd love to cycle to work, but..." _____

B: "Why don't you...?" _____

A: "That's a good idea, but..." _____

B: "What about...?" _____

Continue the conversation for at least **six more lines**.



Short Writing

Write 100–120 words:

A Perfect Day of Cycling

Describe where you would go, who would go with you, what you would see and what might happen during the day. _____

Class Survey

Ask five classmates:

- Do you own a bicycle?
- How often do you cycle?
- Where do you cycle?
- Do you wear a helmet?
- What is the biggest problem with cycling?

Report your results to the class.