



PRESENT CONTINUOUS TENSE

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Present Continuous Tense

We use the **Present Continuous** to talk about actions happening **right now** or **around this time**.



Activity 1 – Choose the Correct Answer

- She _____ reading a book.
a) am b) is c) are
- They _____ football now.
a) playing b) are playing c) is playing
- I _____ not sleeping.
a) am b) is c) are
- _____ you watching TV?
a) Is b) Am c) Are
- He is _____ a photo.
a) taking b) take c) takes

✓ Positive Sentences

Subject	Verb
I	am reading.
You	are studying.
He	is running.
She	is cooking.
It	is sleeping.
We	are talking.
They	are playing.



Activity 2 – Complete the Sentences

Use these verbs.

Word Box:

reading • eating • playing • drinking • studying • talking

- She is _____.
- They are _____ football.
- We are _____ English.
- He is _____ water.
- I am _____ a book.
- The children are _____.

✗ Negative Sentences

I am **not** reading.

He **isn't** sleeping.

They **aren't** watching TV.

? Questions

Am I late?

Are you listening?

Is she cooking?

Are they playing football?



Teacher Tip

A quick reminder for students:

Present Simple = habits

I play tennis every Saturday.

Present Continuous = happening now

I am playing tennis now.

This simple comparison helps students understand **when** to use each tense.

Teacher's Key

Activity 1 – Choose the Correct Answer

1. She _____ reading a book.
a) am **b) is** c) are
2. They _____ football now.
a) playing **b) are playing** c) is playing
3. I _____ not sleeping.
a) am b) is c) are
4. _____ you watching TV?
a) Is b) Am **c) Are**
5. He is _____ a photo.
a) taking b) take c) takes

Activity 2 – Complete the Sentences

Use these verbs.

reading • eating • playing • drinking • studying • talking

1. She is _____.
2. They are _____ football.
3. We are _____ English.
4. He is _____ water.
5. I am _____ a book.
6. The children are _____.

Teacher's Key

1. talking (accept any suitable answer from the word box)
2. playing
3. studying
4. drinking
5. reading
6. eating (or another logical choice if adapted by the teacher)