



ASKING FOR & GIVING HELP

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Activity 1 – Who Can Help?	Activity 2 – Quick Response Challenge
Work with a partner. Student A reads a problem. Student B offers help. Then change roles. Problems • I can't find the bus station. • My bag is too heavy. • I lost my phone. • I don't understand this word. • I need a pen. • I can't open the door. • I dropped my books. • I don't know where the café is. Try to use different expressions each time.	One student reads a situation. The partner must answer immediately. Situations • Excuse me. Can you help me? • I'm lost. • I can't find the supermarket. • My suitcase is very heavy. • Do you need any help? • Thank you for helping me. • I'm sorry, I don't understand. • Can you show me on the map? Keep the conversation going for at least 30 seconds.

Activity 3 – Help Around the Classroom

Walk around the room.

Ask three classmates:

"Can I help you with anything today?"

Your classmates invent a small problem.

Examples:

- I need a ruler.
- I can't spell this word.
- I don't know the answer.
- I lost my eraser.

Try to solve each problem together.



Activity 4 – Helping Makes a Difference

Work in pairs.

Discuss these questions.

1. Why is it good to help other people?
2. When is it difficult to ask for help?
3. Who helps you the most?
4. How can you help someone every day?

Exit Ticket

Complete the sentences.

Today I learned _____

One useful expression is _____

Now I can...

- ☐ ask for help politely.
- ☐ offer help politely.
- ☐ thank someone for helping me.
- ☐ respond naturally in everyday situations.