



ADVERBS OF FREQUENCY

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Activity 1 – Habit Challenge

Instructions

Look at the **Habit Cards** below.

Hold your finger above the box. Close your eyes and press down.

The habit your finger lands on is **your secret habit**.

Don't tell anyone!

Walk around the classroom while your classmates ask you questions using **How often do you...?**

Can they guess your secret habit?

Habit Cards

always loses their keys

usually drinks coffee

often sings in the shower

sometimes eats ice cream for dinner

rarely wakes up early

never forgets birthdays

always laughs at funny videos

often stays up late

sometimes dances while cooking

rarely watches TV

never drinks tea

always arrives early

Activity 2 – Roll & Speak

Use one die.

Number	Adverb
1	Always
2	Usually
3	Often
4	Sometimes
5	Rarely
6	Never

Roll the die.

Make a sentence using the adverb.

Example:



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"I sometimes cook dinner."

Play for five rounds.

Activity 3 – Which One Is True?

Read the sentences. Choose the funniest or most surprising one.

Then write **your own**.

Examples:

- I always dance when nobody is watching.
- I usually sing in the shower.
- I sometimes forget where my phone is.
- I rarely wake up before 6:00.
- I never eat insects.

Share your favourite sentence with the class.

Activity 4 – Class Survey

Ask five classmates: "How often do you...?"

- eat pizza
- play sport
- watch YouTube
- read books
- cook dinner

Write the results. Then report to the class.

Example:

Four students often watch YouTube.

Two students rarely cook.

Exit Ticket

Finish these sentences before leaving class.

Today I learned _____

One new word I remember is _____

One true sentence about me: _____