



FEELINGS & EMOTIONS

© talkmor.com

Activity 1 – Interview Your Partner	Activity 2 – Guess the Feeling
Ask your partner these questions. - How are you feeling today? - What makes you feel happy? - What makes you feel nervous? - When do you feel tired? - What food makes you happy? - What makes you feel proud?	One student chooses a feeling. Do not say the word. Give three clues. Example: - I smile a lot. I laugh. - Today is my birthday. Answer: Happy Take turns.



Activity 3 – Emotion Charades

Work in pairs or small groups.

Choose a feeling and act it out.

Do not speak!

Your classmates guess the feeling.



Activity 4 – Find Someone Who...

Walk around the classroom.

Find someone who...

Name

Name

Name

☐ feels happy today.

☐ likes surprises.

☐ was tired yesterday.

☐ gets nervous before a test.

☐ feels excited about the weekend.

☐ likes helping other people.

Write your classmates' names.



Activity 5 – Finish My Sentence

Take turns finishing the sentences.

I feel happy when...

I feel worried when...

I feel proud when...

I feel excited when...

I feel relaxed when...

I feel hungry when...

Try to give a different answer each time.

One-Minute Speaking Challenge

Talk for **one minute** about your week.

Try to use at least **six feeling words**.

For example:

- happy
- tired
- excited
- nervous
- hungry
- proud