



REGULAR & IRREGULAR PAST SIMPLE

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Grammar Box

Regular Verbs

Most regular verbs add **-ed**.

Examples:

- play → played
- cook → cooked
- clean → cleaned
- watch → watched

Spelling Rules

Most verbs	Verbs ending in -e	Consonant + y	Double the final consonant
play → played visit → visited	live → lived dance → danced	study → studied try → tried	stop → stopped plan → planned

Irregular Verbs

Irregular verbs do not follow one rule.

Examples:

Activity 1 – Sort the Verbs

Write each verb in the correct column.

go, play, watch, take, cook, eat, have, visit, study, see

Present	Past	Regular	Irregular
go	went		
eat	ate		
see	saw		
make	made		
have	had		
take	took		

Students should learn these one by one.



Activity 2 – Change to the Past Simple

Example: play → played

- | | | | |
|----------|-------|---------|-------|
| 1. clean | _____ | 5. eat | _____ |
| 2. go | _____ | 6. stop | _____ |
| 3. make | _____ | 7. try | _____ |
| 4. watch | _____ | 8. have | _____ |

Activity 3 – Complete the Story

Use the verbs below.

Word Box

saw went played watched ate studied

Yesterday was Saturday.

1. I _____ to the park.
2. My friends and I _____ football.
3. Later we _____ pizza.
4. In the evening we _____ a movie.
5. I _____ English for one hour.
6. Finally, I _____ a beautiful sunset.

Activity 4 – Write About Yesterday

Write five sentences.

Yesterday I...

1. _____
2. _____
3. _____
4. _____
5. _____

Try to use at least:

- ✓ three regular verbs
- ✓ two irregular verbs

Teacher's Key

Activity 1 – Sort the Verbs

Regular	Irregular
play	go
watch	take
cook	eat
study	have
visit	see

Activity 2 – Change to the Past Simple

Example: play → played

- | | | | |
|----------|-----------------------|---------|-----------------------|
| 1. clean | <u>cleaned</u> | 5. eat | <u>ate</u> |
| 2. go | <u>went</u> | 6. stop | <u>stopped</u> |
| 3. make | <u>made</u> | 7. try | <u>tried</u> |
| 4. watch | <u>watched</u> | 8. have | <u>had</u> |

Activity 3 – Complete the Story

Yesterday was Saturday.

1. I **went** to the park.
2. My friends and I **played** football.
3. Later we **ate** pizza.
4. In the evening we **watched** a movie.
5. I **studied** English for one hour.
6. Finally, I **saw** a beautiful sunset.