



HEALTH PROBLEMS & SYMPTOMS

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Useful Expressions

Saying How You Feel	Asking About Someone	Giving Advice
I don't feel well. I feel sick. I have a headache. I have a sore throat. I have a cough. I have a fever. My stomach hurts. I have a runny nose.	What's the matter? What's wrong? How do you feel? Do you have a fever?	You should see a doctor. You should get some rest. Drink lots of water. Take some medicine. Stay at home today. I hope you feel better soon.



Activity 1 – Put the Conversation in Order

Number the conversation from 1–7.

- ___ You should drink lots of water and get some rest.
- ___ Thank you.
- ___ What's the matter?
- ___ I have a headache and a sore throat.
- ___ I hope you feel better soon.
- ___ Thank you. I will.
- ___ I don't feel well.



Activity 2 – Choose the Best Answer

1. What's the matter?

- a) I'm twelve.
- b) I have a headache.
- c) It's Monday.

2. I have a fever.

- a) You should get some rest.
- b) I like football.
- c) It's raining.

3. I don't feel well.

- a) I'm sorry to hear that.
- b) Happy birthday!
- c) See you tomorrow.

4. Thank you for your help.

- a) Goodbye yesterday.
- b) My name is Ben.
- c) You're welcome.

Activity 3 – Complete the Dialogue

Use these words.

doctor • headache • water • medicine • better

Emma:

I have a _____.

Tom:

You should see a _____.

Emma:

Should I take some _____?

Tom:

Yes, and drink lots of _____.

Emma:

Thank you. I already feel _____!



Activity 4 – About You

Answer in full sentences.

1. What do you do when you have a cold?

2. What health problem do you dislike the most?

3. Who usually looks after you when you are sick?

4. What advice do you give someone with a headache?

Teacher's Key

Activity 1 – Put the Conversation in Order

1. I don't feel well.
2. What's the matter?
3. I have a headache and a sore throat.
4. You should drink lots of water and get some rest.
5. Thank you.
6. I hope you feel better soon.
7. Thank you. I will.

Activity 2 – Choose the Best Answer

1. What's the matter?
a) I'm twelve. **b) I have a headache.** c) It's Monday.
2. I have a fever.
a) You should get some rest. b) I like football. c) It's raining.
3. I don't feel well.
a) I'm sorry to hear that. b) Happy birthday! c) See you tomorrow.
4. Thank you for your help.
a) Goodbye yesterday. b) My name is Ben. **c) You're welcome.**

Activity 3 – Complete the Dialogue

Emma:

I have a **headache**.

Tom:

You should see a **doctor**.

Emma:

Should I take some **medicine**?

Tom:

Yes, and drink lots of **water**.

Emma:

Thank you. I already feel **better**!