



REGULAR & IRREGULAR PAST SIMPLE

© talkmor.com

Lesson Objectives

By the end of this lesson, students will be able to:

- recognise the difference between regular and irregular past simple verbs.
- use common regular and irregular verbs correctly in sentences.
- understand basic spelling rules for regular verbs.
- describe past events using the past simple.
- improve confidence through speaking and communicative activities.

Target Language

Regular Verbs	Irregular Verbs
Regular verbs add -ed to form the past simple. Examples: • play → played • watch → watched • clean → cleaned • visit → visited Students should learn these individually. 🙌🙌	Irregular verbs change completely. Examples: • go → went • eat → ate • see → saw • take → took • have → had • make → made

Warm-up (5–8 minutes)

Write these six verbs on the board:

go play eat watch see cook

Ask students:

- Which verbs are regular?
- Which verbs are irregular?
- Can they change them into the past simple?

Don't correct immediately.

Let students discuss with a partner first.

Common Learner Mistakes

❌ I goed to school.

✅ I went to school.

❌ She eated pizza.

✅ She ate pizza.

❌ They play yesterday.

✅ They played yesterday.

Lead-in Activity

Ask:

What did you do yesterday?

Encourage very short answers.

Examples:

"I watched TV."

"I played football."

"I ate pizza."

Write students' answers on the board.

Highlight which verbs are regular and which are irregular.

Teaching Tips

- ✓ Start with verbs students already know.
- ✓ Group irregular verbs into small sets rather than long lists.
- ✓ Encourage students to notice patterns instead of memorising dozens of verbs at once.
- ✓ Keep speaking activities short and personal so students use the language naturally.