



HEALTH PROBLEMS & SYMPTOMS

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Lesson Objectives

By the end of this lesson, students will be able to:

- name common health problems and symptoms.
- describe how they feel.
- ask and answer simple questions about health.
- understand and give basic health advice.
- use common health expressions in everyday conversations.



Warm-up

Ask your students:

1. How are you feeling today?
2. When was the last time you were sick?
3. Do you like taking medicine?
4. What do you usually do when you have a cold?
5. Who looks after you when you're sick?



Lead-in

Write these words on the board.



Headache



Cold



Stomach ache



Fever

Students discuss:

- Which one is the worst?
- Which one do you get most often?

Common Learner Mistakes



I have headache.



I have a headache.



I am fever.



I have a fever.



My throat pain.



My throat hurts.

OR



I have a sore throat.

Target Vocabulary

headache
toothache
earache
stomach
ache
sore throat
cough
cold
fever
runny nose
medicine
doctor
pharmacy

Useful Expressions

What's the matter?
What's wrong?
I don't feel well.
I have a headache.
I have a sore throat.
I have a cough.
I have a fever.
I feel sick.
You should see a doctor.
Take some medicine.
Drink lots of water.
Get some rest.
I hope you feel better soon.

Teaching Tips

- ✓ Encourage complete sentences.
- ✓ Use gestures and facial expressions.
- ✓ Mime the symptoms before introducing vocabulary.
- ✓ Allow students to personalise answers.