



ASKING FOR & GIVING HELP

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Lesson Objectives

By the end of this lesson, students will be able to:

- ask for help politely.
- offer help in everyday situations.
- respond positively or politely when they cannot help.
- use common expressions for asking and giving assistance.
- build confidence through practical speaking activities.



Warm-up (5–8 minutes)

Ask your students:

1. Have you ever asked a stranger for help?
2. Who helps you the most?
3. What do you usually help people with?
4. Is it easy to ask for help?
5. When did you last help someone?

Students to answer in complete sentences where possible.



Lead-in Activity

Write these situations on the board.



Lost in town



Heavy shopping bags



Lost phone



Crossing the street

Ask:

What would you say first?

Introduce **Excuse me...** as a polite way to begin.



Common Learner Mistakes



Help me!



Can you help me, please?



Where bank?



Where is the bank?



I no understand.



I don't understand.

Target Vocabulary

help
problem
directions
map
lost
carry
heavy
information
cross
phone
street
nearby

Useful Expressions

Excuse me.
Can you help me?
Could you help me, please?
I'm looking for...
I can't find...
Where is...?
What's the problem?
Let me help you.
Of course.
Sure, no problem.
I'm sorry, I don't know.
Thank you very much.
You're welcome.

Teaching Tips

- ✓ Encourage students to use polite expressions.
- ✓ Demonstrate friendly body language.
- ✓ Encourage full-sentence answers.
- ✓ Praise students for offering help, not only asking for it.