



SPORTS AND HOBBIES

© talkmor.com

Level: A1-A2

Duration: 60–90 minutes

Number of PDFs: 5

Learning Objectives

By the end of the lesson students will be able to:

- Use vocabulary related to sports and hobbies
- Talk about what they like / don't like doing in their free time
- Describe how often they do certain activities (Present Simple + frequency adverbs)
- Ask and answer questions about sports and hobbies

Target Language

- Sports: play football, tennis, basketball, volleyball, swim, run, cycle, do yoga, etc.
- Hobbies: read, watch movies, listen to music, cook, dance, draw, play video games, etc.
- Verbs: play, do, go, watch, read, listen to
- Expressions: I like / I love / I don't like... / I'm good at... / I'm interested in...

Warm-up Questions (Oral)

1. Do you like sports?
2. What is your favourite sport?
3. What do you like doing in your free time?
4. Do you play any sport?
5. What hobbies do you have?

Lesson Structure

- PDF 1: Teacher Guide + Warm-up
- PDF 2: Vocabulary & Image Practice
- PDF 3: Grammar & Controlled Practice
- PDF 4: Speaking & Role-plays
- PDF 5: Review & Wrap-up

Suggested Introduction Script

“Today we are going to talk about **Sports and Hobbies**. We will learn useful vocabulary and how to speak about the things we like doing in our free time.”

Teaching Tips

- Focus on the difference: **play** (ball sports), **do** (individual activities like yoga), **go** (swimming, running, cycling).
- Combine with Present Simple from the previous lesson.
- Encourage personalisation — students love talking about their own interests.