



## WALKING

Discussion Questions from [talkmor.com](http://talkmor.com)

### Key Expressions to Use

<ul style="list-style-type: none"> <li>• I think it's important to...</li> <li>• In my opinion...</li> <li>• It's better to... because...</li> <li>• What about you?</li> </ul>	<ul style="list-style-type: none"> <li>• That's a good idea...</li> <li>• I learned that...</li> <li>• We should...</li> <li>• I choose to...</li> </ul>
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Student A	Student B
<ol style="list-style-type: none"> <li>1. How often do you walk every day?</li> <li>2. Do you enjoy walking or do you prefer other exercise?</li> <li>3. What's your favorite place to go walking?</li> <li>4. Do you think walking is good for mental health?</li> <li>5. How has walking changed with smartphones and technology?</li> <li>6. Do you walk more now or when you were younger?</li> <li>7. Walking in nature vs walking in the city — which is better?</li> <li>8. Should cities be more walking-friendly?</li> <li>9. Have you ever gone on a long walking trip or hike?</li> <li>10. Dream walking destination.</li> </ol>	<ol style="list-style-type: none"> <li>1. Is walking enough exercise or do you need more?</li> <li>2. How dangerous or safe is walking in your city?</li> <li>3. Should schools encourage students to walk more?</li> <li>4. Walking as a hobby — is it popular in your country?</li> <li>5. Do you listen to music or podcasts while walking?</li> <li>6. How can we get more people to walk instead of driving?</li> <li>7. What are the benefits of walking for older people?</li> <li>8. Walking tours — have you tried one? Would you like to?</li> <li>9. Is walking underrated compared to gym workouts?</li> <li>10. If you could walk anywhere in the world right now, where would it be?</li> </ol>

### Extra Follow-up Questions

<ul style="list-style-type: none"> <li>• Why?</li> <li>• Tell me more...</li> <li>• What about you?</li> <li>• What about in your country?</li> </ul>	<ul style="list-style-type: none"> <li>• Do you agree?</li> <li>• Have you ever...?</li> <li>• How does it make you feel?</li> <li>• What would you change?</li> </ul>
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### Quick Reflection (optional)

<p><b>After your discussion:</b></p> <ul style="list-style-type: none"> <li>• One new walking habit you might start</li> <li>• Favorite walking memory</li> <li>• Something you learned today</li> </ul>
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