



DAILY ROUTINES

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1. Grammar Focus – Present Simple

Examples from the picture:

- I **wake up** at 7 o'clock.
- She **has** breakfast at 7:30.
- He **goes** to work at 8:30.
- They **have** dinner at 7:30 pm.

Key Rule

I / You / We / They → base verb

He / She / It → base verb + **-s** (or **-es**)

2. Practice

Activity A: Complete with the correct form

1. I _____ (wake) up at 7 o'clock.
2. She _____ (have) breakfast at 7:30.
3. He _____ (go) to work at 8:30.
4. They _____ (have) dinner together.
5. We _____ (watch) TV in the evening.
6. She _____ (go) to bed at 11 o'clock.

Activity B: Make negative sentences

1. I wake up at 6:00. I _____ wake up at 6:00.
2. She goes to work at 9:00. She _____ go to work at 9:00.
3. They have lunch at home. They _____ have lunch at home.

Activity C: Make questions

1. (you / wake up / what time?) _____ ?
2. (she / have / breakfast / what time?) _____ ?
3. (he / go / to bed / what time?) _____ ?

3. Short Answers

1. Do you wake up early?
→ Yes, I _____. / No, I _____.
2. Does she exercise every day?
→ Yes, she _____. / No, she _____.

Grammar Tip

- He / She → add **-s** (wakes, has, goes, watches)
- Use **do/does** for questions and negatives.