



A1 SPEAKING PRACTICE – NIGHT ROUTINE

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A1 Night Routine

1. Warm-up (5 minutes)

Teacher asks students the questions below.

Students answer using full sentences.

- What time do you finish dinner?
- What do you do in the evening?
- What do you do before bed?
- Do you watch TV before bed?
- What time do you go to bed?



2. Model Dialogue

Listen and repeat with your teacher.

Model Dialogue

- A: What time do you go to bed?
 B: I go to bed at ten o'clock.
 A: What do you do before bed?
 B: First, I take a shower. Then I brush my teeth.
 A: Do you read a book?
 B: Yes, I read a book for ten minutes.
 A: Do you watch TV before bed?
 B: No, I don't watch TV before bed.

Useful Phrases

- I go to bed at ...
- Before bed, I ...
- First, I ... Then I ...
- I brush my teeth
- I take a shower
- I read a book
- I say goodnight to my family

3. Pair Work – Ask and Answer

Ask your partner these questions. Take turns and answer with full sentences.

1. What time do you go to bed?
2. What do you do in the evening?
3. What do you do before bed?
4. Do you brush your teeth before bed?
5. Do you read a book or watch TV?
6. Do you listen to music before bed?
7. Do you like your night routine?

Challenge

Tell your partner **4 things** you do before bed.

Extra Speaking Practice (10-15 min)

1. More Questions

Ask your partner:

- What is your favorite part of the night routine?
- Do you go to bed early or late?
- What do you do on weekends before bed?
- Do you sleep well every night?

2. Find Someone Who... (Mingling)

Find someone who...	Name	Name	Name
goes to bed before 10 o'clock			
brushes teeth before bed			
reads a book before sleeping			
takes a shower in the evening			
has the same bedtime every day			

3. Group Speaking (extension)

Work in groups of 3.

One student is the "Interviewer".

Ask the other two about their night routines.

Find 2 things that are the same and 2 things that are different.

4. Quick Review (Warm Down)

Teacher asks 2-3 students: "Tell me about your partner's night routine."