



I HAVE NO MOTIVATION

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PDF 4: Fun Activities

Activity 1 – Low Motivation Bingo (10–12 minutes)

Easy mingling activity.

Walk around the classroom and ask: “What do you often do when you have no motivation?”

Write their answers in the boxes.

3 in a row = BINGO!

Instructions:

1. Use the **Blank Bingo Cards** on page 2 **OR** draw a 3×3 grid on your paper.
2. Walk around the classroom and talk to **different classmates**.
3. Ask: “What do you often do when you have no motivation?”
4. Listen to their answers and write one answer in each box.
5. When you have **any 3 answers in a row** (horizontal, vertical, or diagonal), shout **“BINGO!”** and you win!
→ You **don’t** need to fill the whole card.

Example Answers

Scroll on my phone	Take a nap	Say “Tomorrow”
Watch videos	Eat snacks	Feel overwhelmed
Lose focus	Check my phone	Do nothing
Say “I’m too tired”	Play games	Put it off

2. Energy Story Chain (Group circle)

Student 1: “I have no motivation so I...”

Next student continues the silly story.

3. Draw & Describe Your

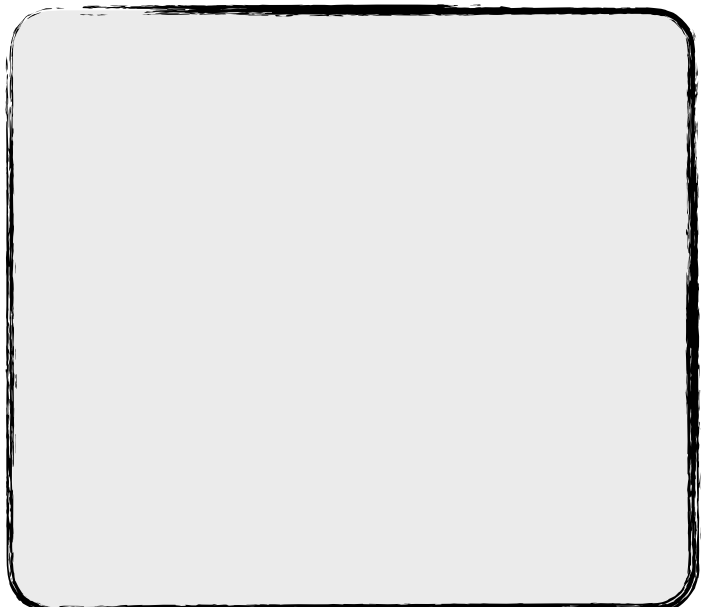
Low-Motivation Day

(5 min drawing + present)



4. Find Someone Who...

- ...often says “tomorrow”
- ...feels motivated by music
- ...has a messy desk sometimes



Bingo Card

Cut -----

Bingo Card

Cut -----

Bingo Card

Teacher's Tips

- This activity reuses the same simple rules as the previous bingo → very easy for non-native teachers.
- Students practise speaking + listening while using the new vocabulary naturally (**motivation, overwhelmed, tired, procrastinate**).
- Works great with 3×3 grid (easier and faster for A2 students).
- After the game, you can ask: “Who heard the funniest answer?” or “Which answer is most common in your group?”