



I HAVE NO MOTIVATION

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PDF 3: Picture & Grammar Focus



Look at the picture and answer:

1. Where is the girl and what is she doing?
2. How does she feel? (Use: tired, bored, overwhelmed, unmotivated)
3. What things in the picture show low motivation? (List 5+)
4. What funny details do you see? (sleeping dog, stack of books "I'll do it later", etc.)
5. What would you say to her?

Grammar Focus: Adverbs of Frequency + Present Simple

Rule: always / usually / often / sometimes / never + verb

Examples from the picture:

- She **often** says "tomorrow".
- Her dog **always** naps.
- She **sometimes** makes a plan.

Exercises

A. Fill in the blanks

always, usually, often, sometimes, never

1. She _____ procrastinates.
2. Motivation _____ comes easily to her.
3. She _____ feels excited about lessons.
4. Her coffee _____ gets cold.

B. Make sentences about the picture

1. The girl / sit / with hand on cheek → _____
2. Books / say / "I'll do it later" → _____

C. Correct the mistakes

1. She procrastinates always. _____
2. Never she does her homework. _____

Teacher's Key

A. Fill in the blanks

1. always/often
2. never
3. sometimes
4. often