



SOMEONE IS BULLYING ME ONLINE

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PDF 2 – AI's Reply & Discussion

Read Grok's Reply

Dear Alex,

I'm really sorry this is happening to you. Nobody deserves to be treated like that.

Here's the important truth: **It's not your fault.** Bullies often act mean because they have their own problems.

My practical advice:

- Don't reply — that's exactly what they want.
- Block and report them on the app.
- Take screenshots of everything (this is your proof).
- Tell a trusted adult — a parent, teacher, or school counselor.
- Spend more time with people who make you feel good.

One more thing (with a smile):

The best revenge is living well and ignoring them. In a few years they will probably be embarrassed when they remember how they acted.

You are stronger than this situation. Don't let them live rent-free in your head.

Grok

Discussion Questions

1. Do you agree with Grok's advice? Why or why not?
2. Which piece of advice do you think is the most important?
3. Have you or someone you know ever experienced something similar?
4. Why do you think people bully others online?
5. Is it better to reply to bullies or ignore them?

Speaking Extension

In groups of 3: Agree on the **3 best things** Alex should do and present them.