



## A1 SPEAKING PRACTICE – MORNING ROUTINE

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### A1 Morning Routine

Talk about what you do in the morning.

#### 1. Warm-up (5 minutes)

Teacher asks students the questions below.

Students answer using full sentences.

- What time do you wake up?
- Do you eat breakfast?
- What do you do first in the morning?
- What do you do after that?
- What do you do before school or work?



#### 2. Model Dialogue

Listen and repeat with your teacher.

##### Model Dialogue

- A: What time do you wake up?  
B: I wake up at seven o'clock.  
A: What do you do first?  
B: First, I brush my teeth.  
A: What do you do after that?  
B: After that, I eat breakfast.  
A: What do you do before school?  
B: I get dressed and pack my bag.

##### Useful Phrases

- I wake up at ...
- First, I ...
- Then / After that, I ...
- I brush my teeth / wash my face
- I eat breakfast
- I get dressed
- I go to school / work

#### 3. Pair Work – Ask and Answer

Ask your partner these questions. Take turns and answer with full sentences.

1. What time do you wake up?
2. What do you do first in the morning?
3. Do you brush your teeth?
4. What do you eat for breakfast?
5. What do you do after breakfast?
6. What do you do before you leave the house?
7. Do you like your morning routine?

#### Challenge

Tell your partner 4 things you do every morning.

## Extra Speaking Practice (10-15 min)

### 1. More Questions

Ask your partner:

- What is your favorite part of the morning?
- Do you like waking up early? Why?
- What do you usually do on weekend mornings?
- Is your morning routine the same every day?



### 2. Find Someone Who... (Mingling activity)

| Find someone who...            | Name | Name | Name |
|--------------------------------|------|------|------|
| wakes up before 7 o'clock      |      |      |      |
| eats breakfast every morning   |      |      |      |
| brushes teeth before breakfast |      |      |      |
| gets dressed very quickly      |      |      |      |
| likes their morning routine    |      |      |      |

### 3. Group Speaking (extension)

Work in groups of 3.

One student is the "Interviewer".

Ask the other two students about their morning routines.

Find 2 things that are the same and 2 things that are different.

### 4. Quick Review (Warm Down)

Teacher asks 2-3 students: "Tell me about your partner's morning routine."