



PDF 1 – Teacher's Guide (Teacher Only)

Title: A1 Food & Drink – General + My Favorite Food

Teacher's Overview

Level: A1 (Beginner)

Duration: 40–55 minutes

This is a practical general lesson that gives students broad food and drink vocabulary plus useful expressions for talking about likes, dislikes, and favorites. It works as a foundation before doing more specific food lessons (breakfast, restaurant, etc.).

Warm-up Activity (5–7 minutes)

Ask students simple questions:

- What food do you like?
- What drink do you like?
- What is your favorite food?
- Do you like pizza? Why / Why not?

Target Language:

- Food & Drink vocabulary (general categories)
- I like... / I don't like...
- My favorite food / drink is...
- It's delicious / sweet / spicy / healthy, etc.

What's Included (4 PDFs):

- PDF 1: Teacher's Guide + Warm-up
- PDF 2: Student Worksheet (Main Practice)
- PDF 3: Speaking Pair Activity
- PDF 4: Bonus Activity + Game

Teaching Tips:

- Focus on useful, everyday vocabulary rather than long lists.
- Encourage students to talk about real food they eat.
- Teach a few useful adjectives (delicious, sweet, spicy, healthy, cold, hot).
- Keep the atmosphere light and fun — food is a topic students usually enjoy.
- This lesson pairs very well with your existing food lessons.