



A1 SPEAKING PRACTICE – DAILY ROUTINE

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A1 Speaking – Daily Routine

Talk about what you do every day

1. Warm-up (5 minutes)

Teacher asks students the questions below.

- What time do you wake up?
- Do you eat breakfast?
- What do you do in the morning?
- What time do you go to school or work?
- What do you do in the evening?

Students answer using full sentences.



Model Dialogue

Listen and repeat with your teacher.

Model Dialogue

- A: What time do you wake up?
B: I wake up at seven o'clock.
A: What do you do after that?
B: I brush my teeth and eat breakfast.
A: What time do you go to school?
B: I go to school at half past eight.

Useful Phrases

- I wake up at ...
- I eat breakfast / lunch / dinner
- I go to school / work
- I watch TV / play games
- I go to bed at ...

Pair Work – Ask and Answer

Ask your partner these questions. Take turns and answer with full sentences.

1. What time do you wake up?
2. What do you do in the morning?
3. Do you eat breakfast? What do you eat?
4. What time do you go to school or work?
5. What do you do in the afternoon?
6. What do you do in the evening?
7. What time do you go to bed?

Challenge

Tell your partner 4 things you do every day.

Extra Speaking Practice (10-15 min)

1. More Questions

Ask your partner:

- Do you like your daily routine? Why?
- What is your favorite part of the day?
- What do you do on a normal weekday?
- Do you do the same things every day?



2. Find Someone Who...

(Mingling – standing activity)

Find someone who...	Name	Name	Name
wakes up before 7 o'clock			
eats breakfast every morning			
goes to bed late (after 11)			
does homework in the afternoon			
watches TV in the evening			

3. Group Speaking (extension)

Work in groups of 3.

One student is the "Interviewer".

Ask the other two students about their routines and find 2 things that are the same and 2 things that are different.

4. Quick Review (Warm Down)

Teacher asks 2-3 students: "Tell me about your partner's daily routine."