



PAST SIMPLE BASICS - YESTERDAY

PDF 1: Teacher Only – Warm-up & Guidelines

(Print this for yourself. Students do not see it.)

Past Simple Basics – Yesterday

Level: Basic (A1)

Hello teacher!

This lesson is very easy. We only use regular verbs with -ed and very simple sentences.

Lesson Objectives:

- Students learn 10 regular past simple verbs.
- Students can say simple sentences with “Yesterday I ...”

Target Verbs: played, walked, watched, cooked, talked, liked, jumped, danced, cleaned, listened

Key Sentences:

Yesterday I played football.

Yesterday she watched TV.

Yesterday we cooked rice.

Materials you need:

- PDF 2 Flashcards
- PDF 3, 4, 5 worksheets (one per student)

Warm-up (10–15 minutes – very important!)

1. Smile and say: “Hello! Today we talk about yesterday!”
2. Show flashcards from PDF 2 (picture side only).
Say slowly: “Yesterday I played football.” (point to the picture, use gestures, repeat 3 times).
3. Students repeat after you. Do this for all 10 verbs.
4. Play “Pointing game”: Say “Point to ‘watched TV!’” Students point and say “Yesterday I watched TV.”
5. Teacher-student: Show one card and ask “What did you do yesterday?” Help the student answer.
6. Pairs: Students show a card to their partner and say the full sentence. Walk around and help.

Tip: Repeat everything 3–5 times. Beginners need repetition!

Praise a lot: “Good job!”, “Very good!”, “Excellent!”

Go to PDF 2 for flashcards.