



MY PART-TIME JOB IS KILLING ME

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PDF 2: Grok's Reply Letter

Grok's Reply (Reading + Discussion – 10 min)

Dear Mia,

Hey Mia! 😊 First of all — oof, that cafe life sounds intense! I've seen the pictures... trays flying, coffee spilling, and customers asking a million questions while you're already running on empty. No wonder you're saying "My part-time job is killing me!"

You're not alone. Lots of teens balance school + work and feel exactly like this. The good news? You can protect your energy battery with some smart (and funny) tricks.

Here are my top tips:

1. Small breaks matter. Even 5 minutes to breathe or sit down can recharge you.
2. Prepare simple phrases for rude customers: "One moment please!" or "I'll be right with you!" It saves brain power.
3. After work, do one quick "reset" thing — listen to music, walk, or just lie down like a starfish for 10 minutes.
4. Talk to your boss about shorter shifts or better hours if possible. "I need a break!" is a valid sentence.
5. Remember: this job is temporary. Every tray you carry is building your experience (and your patience superpower 😂).



You've already done the hard part by noticing it. Now let's slowly refill that energy battery. One small change at a time and you'll feel better.

You've got this, Mia. Work hard, but don't forget to live!

Your friend,

Grok

Quick discussion: Which tip do you like most? Why?