



[Talkmor.com](https://www.talkmor.com) - Practice English. Have fun. Earn Points!)

Complete this sheet and challenge a friend to beat your score! Good luck!



Pic created with Grok (xAI)

### At the Gym

#### Instructions for Students:

1. Look at the picture for 1 minute.
2. Close the picture.
3. Answer all the questions.
4. Compare answers with a friend and see who wins!

### 10 Quiz Questions (10 points)

1. Where are the people in the picture?
2. What are the people doing?
3. How many people are there?
4. What color is the kettlebell?
5. What is the girl in the center doing?
6. Is the man walking or running?
7. Why do people go to the gym?
8. Does the gym look clean and modern?
9. Does going to the gym seem healthy?
10. Does anyone look uninterested in the gym?

Points  
\_\_\_ / 10

### A. Phrasal Verbs (6 points) - Fill in the correct phrasal verb:

**warm up, cool down, work out, give up, keep up, miss out**

1. She's \_\_\_\_\_ at the gym.
2. He doesn't \_\_\_\_\_ hope of getting fit.
3. They always \_\_\_\_\_ before they exercise.
4. When you \_\_\_\_\_ on the gym, you lose fitness.
5. You must \_\_\_\_\_ on a healthy lifestyle.
6. It's important to \_\_\_\_\_ after your workout.

Points  
\_\_\_ / 6

### B. WH Questions (5 points) - Fill in the blanks in these WH questions:

1. \_\_\_\_\_ are the people exercising?
2. \_\_\_\_\_ are they lifting?
3. \_\_\_\_\_ is it good to go to the gym?
4. \_\_\_\_\_ does she warm up before exercising?
5. \_\_\_\_\_ is the man running?

Points  
\_\_\_ / 5

### C. Gym Vocab – Match or Fill (5 points) - Use words related to the gym:

1. Machines to run on = \_\_\_\_\_
2. Lift them to build muscle = \_\_\_\_\_
3. Clothing you wear to workout = \_\_\_\_\_
4. Keeps track of fitness goals (to get ready) = \_\_\_\_\_
5. Heavy round objects on a barbell = \_\_\_\_\_

Points  
\_\_\_ / 5

### D. Fill in with do / does, or don't / doesn't + verb (5 points):

1. How often \_\_\_\_\_ you (exercise) at the gym?
2. He \_\_\_\_\_ (run) on the treadmill every day.
3. She \_\_\_\_\_ (lift) weights at the gym.
4. They \_\_\_\_\_ (enjoy) working out.
5. He \_\_\_\_\_ (miss) a chance to get fit.

Points  
\_\_\_ / 5  
**St A**  
\_\_\_ / 31  
**St B**  
\_\_\_ / 31

# SELF-CHECK KEY

## 10 Quiz Questions

1. At the gym
2. Exercising / working out
3. (Accept any correct count based on image)
4. Blue
5. Holding a kettlebell and smiling
6. Running
7. To get fit / stay healthy
8. Yes
9. Yes
10. No

## A. Phrasal Verbs

1. working out
2. give up
3. warm up
4. miss out
5. keep up
6. cool down

## B. WH Questions

1. Where
2. What
3. Why
4. When
5. Where

## C. Gym Vocab

1. Treadmill(s)
2. Weights
3. Gym clothes / workout clothes
4. Fitness tracker
5. Plates

## D. Name 3...

1. do
2. runs
3. lifts
4. enjoy
5. doesn't miss