



# I FEEL SHY / SOCIAL ANXIETY

© [talkmor.com](http://talkmor.com)

## PDF 4: Pronunciation Practice

### Listen & Repeat

Word	Sounds Like...
1. anxious	ANK-shus
2. confident	KON-fi-dent
3. awkward	AWK-ward
4. situation	sit-yu-AY-shun
5. nervous	NER-vus

### Stress Practice

(Clap the stress 🙌)

- **ANX**-ious
- **CON**-fi-dent
- **AWK**-ward
- Situ**A**tion
- **NER**-vous

👉 **Teacher tip:** Students clap or tap the table on the stressed syllable.

### Pronunciation Challenge (Say it fast!)

- I feel anxious but I want to be confident.
- Small talk situations make me blush.
- I will avoid avoiding people!

### Say it Slowly → Then Faster

Step 1: I feel anxious...

Step 2: I feel anxious but I want to be confident...

Step 3: (Full sentence, natural speed)

### Pair Practice

Student A: How do you feel in social situations?

Student B: I feel \_\_\_\_\_ but I want to be \_\_\_\_\_.

(Switch roles)

### Fun Challenge 😊

Say this 3 times fast:

👉 “Shy sheep shouldn’t shout!”