



## I HATE CLEANING MY ROOM

### AI's Reply Letter

Dear Too Messy to Function,

First of all, thank you for your honest and hilarious letter. You're not alone—many teenagers feel the same way about cleaning. In fact, if messy rooms were a sport, you might win a gold medal.

Let's talk strategy. Cleaning doesn't have to be painful. Try the 10-minute challenge: set a timer, play your favorite music, and clean as fast as you can. You'll be surprised how much you can do in a short time. No pressure—just speed and fun.

Next, break it into zones. Today: the desk. Tomorrow: the floor. Later: the mystery pile under your bed. Small steps feel less scary than "clean everything now!"

Also, reward yourself. Clean for 15 minutes, then take a break. Watch a video, eat a snack, or text a friend. Cleaning with mini-rewards makes it less boring and more like a game.

And hey — your room is a museum of your life. But even museums need cleaning crews. You don't have to throw everything away, just organize it so you can find your treasures again.

Finally, don't wait for your parents to turn into cleaning zombies. Show them you're trying. Even a little effort can make a big difference.

You've got this. One sock at a time.

Sincerely,

Your AI Room Coach

### Vocabulary Focus – Match and Define

Match each word with its meaning. Then choose two words and use them in your own sentences.

| Word         | Meaning                                |
|--------------|----------------------------------------|
| 1. zone      | a task that is difficult but exciting  |
| 2. reward    | to arrange things neatly and clearly   |
| 3. effort    | a group of people who work together    |
| 4. challenge | something you get for doing a good job |
| 5. organize  | a specific area or section             |
| 6. crew      | trying hard to do something            |

**Your Turn:** Write two sentences using any two words from the list.

**Example:** I cleaned my desk zone and found my missing notebook.

My mom gave me a reward for helping with the dishes.

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## Teacher's Key

### Vocabulary Focus – Match and Define

Match each word with its meaning. Then choose two words and use them in your own sentences.

#### Word

1. zone
2. reward
3. effort
4. challenge
5. organize
6. crew

#### Meaning

- a specific area or section
- something you get for doing a good job
- trying hard to do something
- a task that is difficult but exciting
- to arrange things neatly and clearly
- a group of people who work together