



FOOD - JUNK FOOD

Level: Basic (A1 / True Beginners)

Target: Teens & Adults

Time: 50–70 minutes

Goal: Learn junk food vocabulary, express likes/dislikes, describe simple items (sweet/salty/greasy), and talk about favorite treats or ordering at a fast-food place. Build confidence with speaking while contrasting with healthy choices (<https://talkmor.com/food-fruit-vegetables/>).

Focus: Speaking & listening. Visuals and role-plays with menu prop.

Materials:

- Flashcards (PDF 2) – pictures of junk food items (use cute/smiling characters if possible).
- Junk Food Menu prop (your upcoming JPEG/PNG – print large or share on screen/iPad).
- Role-play scripts (PDF 4).

Lesson Flow:

1. Warmup Q&A (10–15 min)
2. Flashcard Vocab Intro (10 min)
3. Practice Activities (15–20 min)
4. Role-Play at the Junk Food Cafe (15–20 min) – use the menu!
5. Quick Review (5–10 min)

Teacher Tips:

- Mime eating (big bites for burger, licking fingers for ice cream) and reactions (yum! / too sweet! / yuck greasy!).
- Use gestures for "sweet," "salty," "greasy."
- Encourage fun: "Junk food is yummy but not always healthy!" – thumbs up/down.
- Link to previous: "Remember fruits? Now junk food – which do you like more?"

Warmup Activity: Teacher-Student Questions

Stand or sit in a circle / pairs. Teacher asks slowly and clearly. Students answer one by one or in pairs first, then share with class. Repeat words many times. Accept short answers – focus on speaking confidence. Use gestures like thumbs up/down or mime eating.

1. Do you like junk food?
2. Do you like pizza?
3. What is your favourite junk food?
4. Do you eat junk food every day?
5. Do you like sweet food? (like candy or ice cream)
6. Do you like salty food? (like chips or fries)
7. Is junk food healthy?
8. What junk food do you like?
9. Do you like burgers or hot dogs?
10. Do you drink soda?

Extra fun follow-up if time: Show the menu prop later and ask – "Look! Do you like the smiling burger? Do you like ice cream?"