



### PDF 1 – Warm-up, Reading & Comprehension

#### 1. Warm-up (3-5 minutes)

- What do you see in the picture?
- What time does the alarm clock show?
- Do you like mornings? Why or why not?
- What do you do every morning before school?



#### 2. The Story

Every morning my alarm clock rings loudly: “Beep! Beep! Beep!” I open my eyes and say, “Five more minutes...” But today is a school day, so I get up quickly.

First, I make my bed. Then I go to the bathroom. I wash my face with cold water, brush my teeth, and comb my hair. “Ouch!” I say when the comb hurts a little.

Next, I go back to my room and get dressed. I put on my blue school uniform and my favourite white socks. I look in the mirror and smile.

In the kitchen, Mom is making breakfast. I eat cereal with milk and a banana. Dad gives me my school bag and says, “Don’t forget your homework!” My little sisters are still sleepy and eat slowly.

I put on my shoes, say goodbye to my family, and run to catch the school bus.

Mornings are busy, but getting ready fast makes me feel proud. I like starting the day with a big smile. Being organized helps me have a good day at school!

### 3. Vocabulary

**Nouns:** alarm clock, bed, bathroom, face, teeth, hair, uniform, socks, mirror, kitchen, breakfast, cereal, milk, banana, school bag, homework, shoes, school bus

**Verbs:** ring, wake up, get up, make, wash, brush, comb, get dressed, eat, give, put on, say goodbye, run, catch

**Adjectives:** loud, quick, cold, favourite, sleepy, busy, proud, organized, good

### 4. Comprehension Questions

1. What does the alarm clock say?
2. What does the boy do first after getting up?
3. What does he do in the bathroom?
4. What does he eat for breakfast?
5. What does Dad give him?
6. How does the boy feel when he is ready?
7. What helps him have a good day at school?

### 5. Fun Speaking / Personalization

**Find and Number!** (Use the picture and write the number on the picture)

1. The loud alarm clock
2. The boy getting dressed
3. The school bag
4. The breakfast table
5. Mom pouring milk
6. Dad with the homework
7. The sleepy sisters
8. The school bus