



A DAY AT THE BEACH

What Happened Yesterday?

This worksheet will help you practice using the Simple Past Tense to talk about things that happened in the past.

Activity 1: Regular Past Tense Verbs

Complete the sentences using the **Simple Past Tense** form of the regular verb in ().

1. Alex, Maya, and Chloe _____ (pack) their bags carefully for the trip.
2. They _____ (walk) to the subway station.
3. The sun _____ (shine) brightly on the beach.
4. Alex _____ (relax) on a big towel.
5. Maya _____ (look) for pretty shells.
6. They _____ (play) volleyball on the sand.
7. The children _____ (laugh) a lot while playing.
8. They _____ (watch) the beautiful sunset.

Activity 2: Irregular Past Tense Verbs

Complete the sentences using the **Simple Past Tense** form of the irregular verb in ().

1. The Miller family _____ (go) to the beach last Saturday.
2. They _____ (take) the subway to get there.
3. The subway car _____ (be) very crowded.
4. Lily and Tom _____ (run) to the ocean quickly.
5. They _____ (swim) in the cool water.
6. Alex, Maya, and Chloe _____ (build) a big sandcastle.
7. They _____ (eat) sandwiches for lunch.
8. At the end of the day, they _____ (feel) tired but happy.

Activity 3: What Happened? Write About the Day!

Write sentences about what happened in the story "A Day At The Beach," using the Simple Past Tense.

1. How did they travel to the beach? _____
2. What did Alex do when they first got to the beach? _____
3. What did Maya do at the beach? _____
4. What did they do after playing volleyball? _____
5. What did they see walking by their sandcastle? _____
6. How did the sky look when the sun began to set?

Teacher's Key

Activity 1: Regular Past Tense Verbs

1. Alex, Maya, and Chloe **packed** (pack) their bags carefully for the trip.
2. They **walked** (walk) to the subway station.
3. The sun **shined** (shine) brightly on the beach.
4. Alex **relaxed** (relax) on a big towel.
5. Maya **looked** (look) for pretty shells.
6. They **played** (play) volleyball on the sand.
7. The children **laughed** (laugh) a lot while playing.
8. They **watched** (watch) the beautiful sunset.

Activity 2: Irregular Past Tense Verbs

1. The Miller family **went** (go) to the beach last Saturday.
2. They **took** (take) the subway to get there.
3. The subway car **was** (be) very crowded.
4. Lily and Tom **ran** (run) to the ocean quickly.
5. They **swam** (swim) in the cool water.
6. Alex, Maya, and Chloe **built** (build) a big sandcastle.
7. They **ate** (eat) sandwiches for lunch.
8. At the end of the day, they **felt** (feel) tired but happy.

Activity 3: What Happened? Write About the Day!

- Answers will vary slightly, but should reflect the story content using Simple Past Tense.
 1. They **traveled** by subway to the beach.
 2. Alex **wanted** to tan his skin and **lay** down in the sun.
 3. Maya **put** on sunscreen and **looked** for shells. (Also, she **listened** to music on the subway.)
 4. After playing volleyball, they **ran** into the ocean to swim.
 5. They **saw** a little crab walking by their sandcastle.
 6. The sky **turned** orange and pink.