



FEELING SICK

Activity 1: Find Someone Who...

Walk around the classroom and ask your classmates these questions. When you find someone who answers "yes," write their name next to the question! Try to find a different person for each question!

Find Someone Who...	Name	Name	Name
1. ...has visited a doctor recently?	_____	_____	_____
2. ...knows how to make a doctor's appointment?	_____	_____	_____
3. ...likes to drink hot tea when they are sick?	_____	_____	_____
4. ...always gets enough sleep at night?	_____	_____	_____
5. ...has a favorite fruit that helps them stay healthy?	_____	_____	_____
6. ...knows what "prescribe" means when talking about medicine?	_____	_____	_____
7. ...thinks going to the pharmacy is convenient?	_____	_____	_____
8. ...has had the flu before?	_____	_____	_____

Activity 2: What Am I?

Read each clue about people, places, or things from our story. Guess the correct word!

1. I am a building where you buy medicine. What am I? _____
2. I help sick people get better and give advice. What am I? _____
3. I am a small thing you swallow to feel better. What am I? _____
4. I am a terrible pain inside your head. What am I? _____
5. I am a comfy place to sleep and rest when you are sick. What am I? _____
6. I am a tiny thing that makes you sick, but you can't see me! What am I? _____
7. I am a sweet, orange fruit with lots of Vitamin C to fight sickness. What am I? _____
8. I am an important meeting you make with a doctor. What am I? _____

Activity 3: Let's Talk About It!

Discuss these questions with a partner or in a small group. Share your ideas!

1. What do you usually do when you feel terrible and have a headache?
2. Do you think it's important to get enough sleep? Why or why not?
3. What kind of medication do you usually take for a common cold or the flu?
4. What healthy foods do you eat to make your body stronger and avoid getting sick?
5. Have you ever had to miss school or work because you were sick? What happened?
6. What advice would you give to a friend who is feeling very tired all the time?
7. Do you prefer to visit a doctor or try home remedies when you are sick? Why?
8. After listening to the story, what do you think Betty will study at university?

Teacher's Key

Activity 2: What Am I?

1. I am a building where you buy medicine. What am I? **Pharmacy**
2. I help sick people get better and give advice. What am I? **Doctor / Nurse** (both are acceptable)
3. I am a small thing you swallow to feel better. What am I? **Pill / Tablet / Medicine** (any of these are acceptable)
4. I am a terrible pain inside your head. What am I? **Headache**
5. I am a comfy place to sleep and rest when you are sick. What am I? **Bed**
6. I am a tiny thing that makes you sick, but you can't see me! What am I? **Virus**
7. I am a sweet, orange fruit with lots of Vitamin C to fight sickness. What am I? **Orange**
8. I am an important meeting you make with a doctor. What am I? **Appointment**