



FRUIT & VEGETABLES

A. Three Things

In pairs, write down three fruits or vegetables that fit each category below.

1. Three fruits that are yellow _____
2. Three vegetables that grow underground _____
3. Three fruits that are sweet _____
4. Three vegetables that are green _____
5. Three fruits with seeds inside _____
6. Three vegetables used in soups _____
7. Three tropical fruits _____
8. Three vegetables you have tried before _____

B. Line-Up Challenge

Work with a partner. "Line up" in order based on each of the following. Discuss your choices in pairs.

1. Line up based on the size of the fruit or vegetable you like the most. (Smallest to biggest) **Example - Fruits:** cherries, peaches, mangos and papaya.
Vegetables: spinach, broccoli and pumpkin.

2. Line up in order of how often you eat your favorite fruits or vegetables. (Rarely to daily)

3. Line up by sweetness levels. (Least sweet to sweetest fruit or vegetable)

4. Line up based on the colors of your favorite fruits and vegetables. (Lightest to darkest color)

C. Would You Rather...

Read each pair of questions. Choose one option and explain your choice to a partner.

1. Would you rather eat a giant watermelon or a tiny apple?
2. Would you rather drink carrot juice or eat raw carrots?
3. Would you rather have lemons in your salad or limes in your drink?
4. Would you rather only eat green vegetables or red fruits for one week?
5. Would you rather grow tomatoes or potatoes in your backyard?
6. Would you rather try a dragon fruit or a vegetable you've never eaten before?
7. Would you rather eat broccoli every day or never eat it again?
8. Would you rather eat a fruit salad with mangoes or a vegetable stew with sweet potatoes?