



MEAT - MY FRIEND

Can you name 3...? - Easier

1. Birds that we can eat. _____
2. Animals that we should not eat. _____
3. Animals we can eat that live in water. _____
4. Red meat animals. _____
5. Animal body parts that we eat. _____
6. Animal body parts that you don't like to eat. _____
7. Animals that you have never eaten. _____
8. White meat animals. _____
9. Different ways to prepare (cook) meat. _____
10. Other dishes that you like to eat with meat. _____
11. Reasons why it's nice to eat meat. _____
12. Sauces we can add to meat. _____

Can you name 5...? - More difficult

Write five examples for each category:

1. Types of red meat?

2. Popular seafood options?

3. Meat-cooking methods?

4. Types of sausages?

5. Types of poultry?

6. Popular meat toppings?

7. Types of game meat?

Teachers Key

1. Types of red meat: Beef, Lamb, Pork, Venison, Bison
2. Popular seafood options: Shrimp, Salmon, Tuna, Lobster, Crab
3. Meat-cooking methods: Grilling, Roasting, Stir-frying, Baking, BBQ
4. Types of sausages: Hot dog, Chorizo, Italian sausage, Bratwurst, Frankfurter
5. Types of poultry: Chicken, Turkey, Duck, Goose, Quail
6. Popular meat toppings: Bacon, Cheese, Mushroom, Onion, BBQ sauce
7. Types of game meat: Deer, Elk, Wild boar, Rabbit, Pheasant

Red Meats (Global Varieties)

1. Beef (global)
2. Lamb (Middle East, Europe, Australia)
3. Mutton (South Asia, Africa)
4. Venison (Europe, New Zealand)
5. Buffalo (Italy, India)
6. Elk (Scandinavia, Eastern Europe)
7. Wild boar (Europe, Asia)
8. Yak (Tibet, Nepal)
9. Ostrich (South Africa)
10. Kangaroo (Australia)

Types of Game Meat (Global)

- Wild boar
- Elk
- Deer
- Rabbit
- Pheasant

Popular Meat Toppings (Global)

- Mushroom
- Onion
- Bell pepper
- Olives
- Feta cheese