



MILK & DAIRY PRODUCTS

Dairy Trivia Questions

Easy Questions

1. What is the main source of milk?

a) Cows	b) Goats
c) Sheep	d) Pigs
2. Which dairy product is high in calcium?

a) Milk	b) Cheese
c) Yogurt	d) All
3. What is lactose?

a) A type of milk	b) A sugar found in milk
c) A dairy product	d) A nutrient

Medium Questions

1. Which country produces the most cheese?

a) USA	b) France
c) Italy	d) Netherlands
2. What is pasteurization?

a) A process to make milk sweeter	b) A process to kill bacteria in milk
c) A process to make milk thicker	d) A process to make milk cheaper
3. Which dairy product is often eaten for breakfast?

a) Yogurt	b) Cheese
c) Milk	d) Butter

Difficult Questions

1. What is the difference between whole and skim milk?

a) Whole milk has more sugar	b) Skim milk has more fat
c) Whole milk has more fat	d) Skim milk has less fat
2. Which dairy product is made by fermenting milk?

a) Cheese	b) Yogurt
c) Butter	d) Ice cream
3. What is homogenization?

a) A process to separate milk and cream	b) A process to mix milk and cream
c) A process to kill bacteria in milk	d) A process to make milk thicker
4. What is the most popular type of milk alternative (non-dairy milk)?

a) Almond milk	b) Soy milk
c) Coconut milk	d) Oat milk

Teacher's Key

Dairy Trivia Questions

Easy Questions

1. What is the main source of milk?
a) **Cows** b) Goats c) Sheep d) Pigs
2. Which dairy product is high in calcium?
a) Milk b) Cheese c) Yogurt d) **All**
3. What is lactose?
a) A type of milk b) **A sugar found in milk** c) A dairy product d) A nutrient

Medium Questions

1. Which country produces the most cheese?
a) USA b) **France** c) Italy d) Netherlands
2. What is pasteurization?
a) A process to make milk sweeter b) **A process to kill bacteria in milk**
c) A process to make milk thicker d) A process to make milk cheaper
3. Which dairy product is often eaten for breakfast?
a) **Yogurt** b) Cheese c) Milk d) Butter

Difficult Questions

1. What is the difference between whole and skim milk?
a) Whole milk has more sugar b) Skim milk has more fat
c) **Whole milk has more fat** d) Skim milk has less fat
2. Which dairy product is made by fermenting milk?
a) Cheese b) **Yogurt** c) Butter d) Ice cream
3. What is homogenization?
a) A process to separate milk and cream. b) **A process to mix milk and cream**
c) A process to kill bacteria in milk d) A process to make milk thicker
4. What is the most popular type of milk alternative (non-dairy milk)?
a) **Almond milk** b) Soy milk c) Coconut milk d) Oat milk

Scoring

- Easy questions: 1 point each
- Medium questions: 2 points each
- Hard questions: 3 points each