



A HEALTHY LIFE

Can you name 3...?

1. ... different medical staff members. _____
2. ... unhealthy symptoms. _____
3. ... different diseases. _____
4. ... healthy lifestyle exercises. _____
5. ... transplant operations you can have. _____
6. ... different cosmetic surgeries. _____
7. ... internal organs. _____
8. ... operations that you don't want to have. _____
9. ... antioxidant foods. _____
10. ... different rooms in a hospital. _____
11. ... benefits of regular exercise. _____
12. ... common first aid techniques. _____
13. ... types of medical equipment. _____
14. ... ways to maintain good hygiene. _____

Underline or circle the correct word in each sentence.

1. I need to take my _____ (medication/meditation) for my allergy.
2. The doctor said I need to _____ (relax/exercise) more to stay healthy.
3. Eating too much sugar can lead to _____ (anorexia/obesity).
4. I'm feeling stressed, I need to _____ (relax/relief).
5. The new _____ (vaccine/vacancy) will protect us from the flu.
6. Drinking enough water is essential for _____ (dehydration/hydration).
7. Regular _____ (check-ups/checks-up) with the doctor are important.
8. I sprained my ankle, I need to see a _____ (physician/physically).
9. A healthy _____ (diabetic/diet) includes plenty of fruits and vegetables.
10. Getting enough sleep is crucial for our _____ (weakness/wellness).

Teacher's Key

Underline or circle the correct word in each sentence.

1. I need to take my medication (medication/meditation) for my allergy.
2. The doctor said I need to exercise (relax/exercise) more to stay healthy.
3. Eating too much sugar can lead to obesity (anorexia/obesity).
4. I'm feeling stressed, I need to relax (relax/relief).
5. The new vaccine (vaccine/vacancy) will protect us from the flu.
6. Drinking enough water is essential for hydration (dehydration/hydration).
7. Regular check-ups (check-ups/checks-up) with the doctor are important.
8. I sprained my ankle, I need to see a physician (physician/physically).
9. A healthy diet (diabetic/diet) includes plenty of fruits and vegetables.
10. Getting enough sleep is crucial for our wellness (weakness/wellness).