



A HEALTHY LIFE

Student A

1. What's your favorite way to stay healthy?
2. How often do you eat junk food?
3. Have you ever tried a new sport or activity? What was it?
4. How many fruits do you eat every day?
5. What's your go-to healthy snack?
6. Are your parents healthy?
7. Do you prefer morning or evening workouts?
8. What's the best health advice you've ever received?
9. What time do you usually go to bed?
10. Can you share a fun way to stay active?
11. What's your favorite way to relax after a long day?
12. How often do you drink soda?
13. Have you ever set a health goal? What was it?
14. What's your favorite healthy drink?
15. Can you describe a healthy habit you're proud of?



Student B

1. What's the most important aspect of health for you?
2. How often do eat healthy food?
3. Have you ever tried a new diet or eating plan? What was it?
4. Do you eat a lot of vegetables?
5. What's your favorite way to stay motivated to exercise?
6. Do you prefer working out alone or with a partner?
7. How many hours do you sleep at night?
8. What's the biggest health challenge you've faced?
9. Can you share a healthy tip you learned recently?
10. What's your favorite way to track your progress?
11. Have you ever attended a health seminar or workshop?
12. What's your favorite health-related book or podcast?
13. Can you describe a time when you overcame a health obstacle?
14. Do you like doing exercise?

