



## A HEALTHY LIFE

### A. Tenses: Timeline of a Patient's Visit

Complete the sentences with the correct verb tense:

1. The patient \_\_\_\_\_ (arrive) at 9:00 AM.
2. The doctor \_\_\_\_\_ (examine) the patient at 9:30 AM.
3. The patient \_\_\_\_\_ (receive) treatment at 10:00 AM.
4. The doctor \_\_\_\_\_ (prescribe) medication at 10:30 AM.
5. The patient \_\_\_\_\_ (feel) better by 11:00 AM.

### B. Passives: Medical Procedures in Passive Voice

Rewrite the sentences in passive voice:

1. The doctor performed the surgery. \_\_\_\_\_
2. The nurse took the patient's temperature. \_\_\_\_\_
3. The medical team treated the wound. \_\_\_\_\_
4. The pharmacist dispensed the medication. \_\_\_\_\_
5. The doctor diagnosed the illness. \_\_\_\_\_

### C. Conditionals: Health Advice with Conditionals

Complete the sentences with the correct conditional form:

1. If you \_\_\_\_\_ (exercise) regularly, you will feel healthier.
2. Unless you \_\_\_\_\_ (stop) smoking, your health will suffer.
3. If you had taken the medication, you \_\_\_\_\_ (feel) better by now.
4. If you \_\_\_\_\_ (eat) a balanced diet, you will have more energy.
5. If you had worn a seatbelt, you \_\_\_\_\_ (not hurt) in the accident.

### D. Health-related Idioms

Match the idiomatic expressions with their meanings:

1. "Break a leg!"  
a) Good luck!                      b) Be careful!                      c) Work harder!
2. "Feel under the weather."  
a) Feel happy                      b) Feel sick                      c) Feel tired
3. "In good shape."  
a) Healthy and fit                      b) Unhealthy and unfit                      c) Average health
4. "On the mend."  
a) Staying the same                      b) Getting worse                      c) Recovering from illness
5. "Take it easy."  
a) Work harder                      b) Relax and rest                      c) Exercise more

### E. Other Language Skills

Reading Comprehension - Read the passage and answer the questions:

**Passage:** "A healthy diet is essential for maintaining good health. Eating a balanced diet provides the body with the necessary nutrients, vitamins, and minerals. A diet high in fruits, vegetables, and whole grains can help reduce the risk of chronic diseases such as heart disease, diabetes, and obesity."

1. What is essential for maintaining good health?

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2. What does a balanced diet provide?

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3. What type of diet can help reduce chronic diseases?

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### F. Writing a Patient's Medical History

Write a short medical history for a patient using the prompts:

- Name: John Doe
- Age: 45
- Symptoms: Headache, fever, fatigue
- Medical history: Diabetes, high blood pressure
- Current medications: Insulin, blood pressure medication

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### G. Write a conversation between you and the doctor.

Doctor: \_\_\_\_\_

You: \_\_\_\_\_

Doctor: \_\_\_\_\_

You: \_\_\_\_\_

Doctor: \_\_\_\_\_

You: \_\_\_\_\_

Doctor: \_\_\_\_\_

You: \_\_\_\_\_

Doctor: \_\_\_\_\_

You: \_\_\_\_\_

# Teacher's Key

## A. Tenses: Timeline of a Patient's Visit

Complete the sentences with the correct verb tense:

1. The patient **arrived** (arrive) at 9:00 AM.
2. The doctor **examined** (examine) the patient at 9:30 AM.
3. The patient **received** (receive) treatment at 10:00 AM.
4. The doctor **prescribed** (prescribe) medication at 10:30 AM.
5. The patient **felt** (feel) better by 11:00 AM.

## B. Passives: Medical Procedures in Passive Voice

Rewrite the sentences in passive voice:

1. The doctor performed the surgery.  
*The surgery was performed by the doctor.*
2. The nurse took the patient's temperature.  
*The patient's temperature was taken by the nurse.*
3. The medical team treated the wound.  
*The wound was treated by the medical team.*
4. The pharmacist dispensed the medication.  
*The medication was dispensed by the pharmacist.*
5. The doctor diagnosed the illness.  
*The illness was diagnosed by the doctor.*

## C. Conditionals: Health Advice with Conditionals

Complete the sentences with the correct conditional form:

1. If you **exercise** (exercise) regularly, you will feel healthier.
2. Unless you **don't stop** (stop) smoking, your health will suffer.
3. If you had taken the medication, you **would feel** (feel) better by now.
4. If you **eat** (eat) a balanced diet, you will have more energy.
5. If you had worn a seatbelt, you **wouldn't have been** (not hurt) in the accident.

## D. Health-related Idioms

Match the idiomatic expressions with their meanings:

1. "Break a leg!"  
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5. "Take it easy."  
a) Work harder                      **b) Relax and rest**                      c) Exercise more

## E. Other Language Skills

Reading Comprehension - Read the passage and answer the questions:

**Passage:** "A healthy diet is essential for maintaining good health. Eating a balanced diet provides the body with the necessary nutrients, vitamins, and minerals. A diet high in fruits, vegetables, and whole grains can help reduce the risk of chronic diseases such as heart disease, diabetes, and obesity."

1. What is essential for maintaining good health?

*A healthy diet*

2. What does a balanced diet provide?

*Nutrients, vitamins, and minerals*

3. What type of diet can help reduce chronic diseases?

*A diet high in fruits, vegetables, and whole grains*

## F. Writing a Patient's Medical History

Write a short medical history for a patient using the prompts:

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