



BREAD AND BUTTER

Design a Sandwich for a Day Trip

You're going on a day trip and want to pack a delicious sandwich for lunch. Choose your ingredients from the lists below:

Spreads

Mayonnaise
Mustard
Hummus
Avocado spread

Cold Meats

Turkey breast
Ham
Roast beef
Chicken breast

Vegetables

Lettuce
Tomato
Cucumber
Bell pepper

Cheeses

Cheddar
Swiss
Mozzarella
Feta

Other

Potato chips
Fried Egg
French Fries
Banana

Breads

White bread
Whole wheat bread
Baguette
Ciabatta

Create your sandwich

Spread: _____

Meat: _____

Vegetables: _____

Cheese: _____

Other: _____

Bread: _____

Name your sandwich: _____

Describe your sandwich: (Use words like tasty, delicious, crunchy, soft, fresh, savory, sweet, etc.)

I'm Hungry

Use the words in the block (or any of your own choices) to fill in the gaps.

ham (or any cold meat)	potato chips (or any crunchy topping)
toasted (or freshly baked)	mayonnaise (or any spread)
bread	cucumber (or any vegetable)

As soon as Sophie walked into the empty house, she knew she was in charge of her own snack time. Her stomach growled with hunger, and she thought, "Why not make my own sandwich for the first time?"

She opened the fridge and scanned the shelves. She spotted some bread, cheese, ham, and veggies. "Perfect!" she thought.

Sophie began by laying out two slices of _____ (1) on the counter. Next, she added a layer of creamy _____ (2) on one slice. Then, she carefully placed a few slices of _____ (3) on top.

But something was missing. She wanted some crunch, so she sprinkled a handful of _____ (4) onto the ham. Finally, she added a few slices of fresh _____ (5) and placed the second slice of bread on top.

As she cut her sandwich, the _____ (6) aroma filled the kitchen. Sophie took a big bite... and loved it!

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Sandwich Sentences

Use your own ideas and vocabulary when filling in the gaps!

1. My favorite sandwich filling is _____ (1).
2. I like to put _____ (2) on my sandwich for extra flavor.
3. The best bread for a sandwich is _____ (3).
4. A sandwich isn't complete without _____ (4).
5. I love eating sandwiches at the _____ (5).
6. My mom makes the best _____ (6) sandwiches.
7. The most important thing in a sandwich is the _____ (7).
8. I like to cut my sandwich into _____ (8).
9. Sandwiches are a great food to take on a _____ (9).
10. My favorite sandwich topping is _____ (10).

Teacher's Key

1. bread
2. mayonnaise (or any spread)
3. ham
4. potato chips (or any crunchy topping)
5. cucumber (or any vegetable)
6. toasted (or freshly baked)

Sandwich Sentences

1. ham (or any filling)
2. mayonnaise (or any condiment)
3. whole wheat (or any bread type)
4. cheese (or any essential ingredient)
5. park (or any location)
6. grilled cheese (or any type)
7. filling (or any key component)
8. triangles (or any shape)
9. picnic (or any outing)
10. lettuce (or any topping)