

Find the correct words.



FILL THE GAPS

The Real History Of Fish And Chips

| | | | | |
|-------|--------|----------------|---------|---------|
| white | traced | historians | sundown | gobbled |
| flour | staple | quintessential | batter | pairing |

Most people think that Fish and Chips originated in England, but this is not actually true. The real history of Fish and Chips is _____ back to 15th Century Portugal where the dish really was invented. Like so many other famous dishes, fish and chips were created out of necessity.

Cooking is not allowed on the Jewish Sabbath which begins on _____ Friday night and ends on sundown Saturday. So Sephardic Jewish families would prepare food on Friday afternoon that would last the next 24 hours. One of those dishes was a _____ fish, typically cod or haddock, fried in a thin coat of _____. The _____ preserved the fish so it could be eaten cold and without sacrificing too much flavor for the next day.

Nobody is entirely sure how fried potatoes became a part of the European diet. Food _____ do know that it took a really long time for fried potatoes to make their way to England.

The _____ of fish and chips has long been considered a British _____. The irresistible combination of a hunk of battered cod resting atop a mound of steaming hot chips (french fries in America) is the _____ British comfort food. Whether eaten on a plastic tray on your lap in front of the “telly” or _____ down from a makeshift paper cone on the way home from the pub, a meal of fish and chips is like a serving of deep-fried nostalgia in the UK – and let’s not forget a sprinkling of salt and vinegar.

Source: www.docksidehhi.com
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Teacher's Key

The Real History Of Fish And Chips

Most people think that Fish and Chips originated in England, but this is not actually true. The real history of Fish and Chips is **traced** back to 15th Century Portugal where the dish really was invented. Like so many other famous dishes, fish and chips were created out of necessity.

Cooking is not allowed on the Jewish Sabbath which begins on **sundown** Friday night and ends on sundown Saturday. So Sephardic Jewish families would prepare food on Friday afternoon that would last the next 24 hours. One of those dishes was a **white** fish, typically cod or haddock, fried in a thin coat of **flour**. The **batter** preserved the fish so it could be eaten cold and without sacrificing too much flavor for the next day.

Nobody is entirely sure how fried potatoes became a part of the European diet. Food **historians** do know that it took a really long time for fried potatoes to make their way to England.

The **pairing** of fish and chips has long been considered a British **staple**. The irresistible combination of a hunk of battered cod resting atop a mound of steaming hot chips (french fries in America) is the **quintessential** British comfort food. Whether eaten on a plastic tray on your lap in front of the “telly” or **gobbled** down from a makeshift paper cone on the way home from the pub, a meal of fish and chips is like a serving of deep-fried nostalgia in the UK – and let’s not forget a sprinkling of salt and vinegar.

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