



## FISH & CHIPS COMBINATION

### **Fish in a Coat**

Long ago, in the 1600s, people who moved to England from Spain and Portugal brought a delicious way to cook fish. They dipped it in a light batter and fried it in hot oil.

### **Potato Sticks**

Around the same time, another yummy food became popular: crispy fried potato sticks, called "chips." People especially liked them in the north of England.

### **Salt and Vinegar**

The tradition of putting salt and vinegar on chips (French fries) in the UK dates back to the 18th century. It is believed to have originated in the coastal towns of Northern England, where fish and chips became a popular meal. Vinegar was used as a condiment to enhance the flavor of the fish, and people started drizzling it over their chips as well. The combination of salt and vinegar became a classic pairing, and it has remained a beloved tradition ever since. The tangy acidity of the vinegar complements the savory taste of the chips, creating a unique and delicious flavor.

### **A Perfect Pair**

Nobody knows exactly who first thought to put these two favorites together, but by the 1860s, shops selling both fish and chips were popping up everywhere!

### **Food for Busy People**

Fish and chips became a favorite for people who worked in factories and mills. It was cheap, filling, and easy to take with them for lunch.

During World War II, fish and chips remained a reliable comfort food for the British people, providing strength and morale during the darkest days of the war.



## Comprehension Questions

1. When did people from Spain and Portugal introduce a delicious way to cook fish to England?
2. What did people in the north of England particularly like around the same time?
3. Why did people in coastal towns of Northern England start putting salt and vinegar on their chips?
4. How did shops selling both fish and chips become popular in the 1860s?
5. Why did fish and chips become a favorite food for people working in factories and mills?

### Match the food item with its description. [Match the columns]

- |            |  |
|------------|--|
| 1. Fish    | a. Crispy fried potato sticks              |
| 2. Chips   | b. Fish dipped in a light batter and fried |
| 3. Vinegar | c. A tangy condiment drizzled over chips   |
| 4. Batter  | d. A savory meal often paired with chips   |
| 5. Comfort | e. A feeling of ease or relief             |

### Fill in the Blanks

Fill in the blanks with the correct words from the story.

1. In the 1600s, people from Spain and Portugal introduced a delicious way to cook \_\_\_\_\_ to England.
2. Around the same time, crispy fried potato sticks, called " \_\_\_\_\_," became popular.
3. People in coastal towns of Northern England started putting salt and \_\_\_\_\_ on their chips.
4. Shops selling both fish and chips became popular by the \_\_\_\_\_.
5. Fish and chips became a favorite food for people working in factories and \_\_\_\_\_.