



FEELINGS & EMOTIONS

**Words that you should be familiar with and
know how to use in a sentence.**

happy	calm	quiet	moody
worried	angry	proud	surprised
amazed	bored	lonely	sick and tired
nervous	jealous	afraid	embarrassed
scared	good	joyful	disappointed
annoyed	tired	stressed	frightened
miserable	sleepy	irritated	depressed
delighted	great	unhappy	confused

Fill the Gaps With *Since* or *For*.

Since: indicates the starting point of a feeling or emotion

(e.g., "I've felt happy since I received the news")

For: indicates the duration of a feeling or emotion

(e.g., "She's been calm for a few hours")

1. I've felt **happy** _____ I received the news about my promotion.
2. He's been **quiet** _____ he got into trouble at school.
3. My sister has been **moody** _____ weeks, and I don't know why.
4. I've been **worried** _____ I heard about the natural disaster.
5. She's been **calm** _____ a few hours after taking the medication.
6. They've been **angry** _____ months, and it's affecting their relationships.
7. I've been **surprised** _____ a moment by the plot twist in the movie.
8. She's been **amazed** _____ she saw the beauty of the Grand Canyon.
9. He's been **bored** _____ hours and needs something to do.
10. I've felt **lonely** _____ I moved to a new city.
11. I felt **proud** _____ my team won the championship.
12. She's been feeling **miserable** _____ days, maybe she's depressed.

Teacher's Key

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1. I've felt happy since I received the news about my promotion.
2. He's been quiet since he got into trouble at school.
3. My sister has been moody for weeks, and I don't know why.
4. I've been worried since I heard about the natural disaster.
5. She's been calm for a few hours after taking the medication.
6. They've been angry for months, and it's affecting their relationships.
7. I've been surprised for a moment by the plot twist in the movie.
8. She's been amazed since she saw the beauty of the Grand Canyon.
9. He's been bored for hours and needs something to do.
10. I've felt lonely since I moved to a new city.
11. I felt proud since my team won the championship.
12. She's been feeling miserable for days, maybe she's depressed.