



PLASTIC POLLUTION

Words that you should be familiar with and know how to use in a sentence.

Most Polluting Single-Use Plastic Items

Soft drink bottles	Coffee cups	Cotton bud sticks
Plastic bottles and lids	Wet wipes	Sanitary items
Food takeaway containers		Plastic cups
Shampoo/conditioner bottles		Plastic wrap
Plastic cutlery, straws, and stirrers		Plastic bags

Plastic Pollution Vocabulary

Carbon footprint	Beach litter	Marine Dumping
Micro-plastics	Plastic waste	Single-use plastics
Recycle waste	Fishing gear	Disposable products
Water Pollution	Nylon	Reduce Reuse Recycle

Plastic Products Phrases

- Say no to plastic.
- Say no to plastic for a better and greener tomorrow.
- Reduce. Refuse. Reuse. Recycle plastic bags.
- Reduce the use of plastic. Save the Earth.
- Save the sea. Stop polluting the sea with plastic.
- Everyday actions matter, choose a plastic-free life.

Column A: Plastic Items

1. Plastic water bottle
2. Plastic grocery bag
3. Plastic straw
4. Plastic utensils (fork, knife, spoon)
5. Plastic food packaging
6. Plastic toothbrush
7. Plastic coffee cup lid
8. Plastic shampoo bottle
9. Plastic sandwich bag
10. Plastic toys

Column B: Alternatives

- Stainless steel water bottle
- Reusable cloth grocery bag
- Metal or bamboo straw
- Reusable bamboo utensils
- Biodegradable or reusable food wraps
- Bamboo or biodegradable toothbrush
- Reusable cup with silicone lid
- Shampoo bar or refillable glass bottle
- Reusable silicone or cloth sandwich bag
- Wooden or fabric toys