

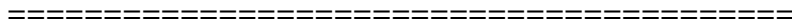


# BODY PARTS

Any words you can think of related to **Body Parts/Organs**

**Example: C** - chest, cheek, chin, calf

|     |
|-----|
| H - |
| A - |
| E - |
| B - |
| T - |
| L - |



## On A Scale From 1-5...?

### On a scale from 1-5, how...?

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
| 1. ... happy are you with your body?                      | 1 | 2 | 3 | 4 | 5 |
| 2. ... much do you like your hair?                        | 1 | 2 | 3 | 4 | 5 |
| 3. ... proud are you of your body?                        | 1 | 2 | 3 | 4 | 5 |
| 4. ... happy are you with your fitness level?             | 1 | 2 | 3 | 4 | 5 |
| 5. ... much do you like to look at other people's bodies? | 1 | 2 | 3 | 4 | 5 |
| 6. ... happy are you with your fingers?                   | 1 | 2 | 3 | 4 | 5 |
| 7. ... happy are you with your feet?                      | 1 | 2 | 3 | 4 | 5 |
| 8. ... happy are you with your weight?                    | 1 | 2 | 3 | 4 | 5 |
| 9. ... strong do you feel your legs are?                  | 1 | 2 | 3 | 4 | 5 |
| 10. ... healthy do you consider your skin to be?          | 1 | 2 | 3 | 4 | 5 |
| 11. ... happy are you with your smile?                    | 1 | 2 | 3 | 4 | 5 |
| 12. ... much do you like your eyes?                       | 1 | 2 | 3 | 4 | 5 |

# Teacher's Key

## Body Parts/Organs

H - Hand, head, heart, hip, hair, heel

A - Ankle, arm, armpit

E - Ear, elbow, eye, eyebrow, eyelash, eyelid,

B - Back, belly, bone, bum (buttocks), bladder, blood, brain, breast

T - Thigh, throat, thumb, toe, toenail, tongue

L - Leg, lip, liver, lung

## Quick Discussion

1. Whose body do you wish you had?
2. Who has the most famous body in the world?
3. What do you do to look after your body?
4. Is your body different now than it was five years ago? How is your body changing?
5. What part of your body would you like to change?
6. How can food change your body?