



# NEW YEAR'S RESOLUTIONS

1. Less
2. More
3. Healthy
4. Weight
5. Money
6. English
7. Smoking
8. Regularly
9. Something new
10. With the family



*A New Year's Resolution is a special word for a goal.*

1. Eat \_\_\_\_\_
2. Spend more time \_\_\_\_\_
3. Drink \_\_\_\_\_
4. Quit \_\_\_\_\_
5. Lose \_\_\_\_\_
6. Exercise \_\_\_\_\_
7. Save \_\_\_\_\_
8. Study \_\_\_\_\_
9. Read \_\_\_\_\_
10. Learn \_\_\_\_\_

=====

Use the **adverbs** and write true sentences about your **habits during the year**.

**Example:** I always spend all my money.

Frequency	Adverb	Adverb of frequency sentences
100%	always	_____
90%	usually	_____
70%	often	_____
50%	sometimes	_____
10%	hardly ever	_____
0%	never	_____

## Teacher's Key

1. Healthy
2. With the family
3. Less
4. Smoking
5. Weight
6. Regularly
7. Money
8. English
9. More
10. Something new